### Paul’s Early Travels  
**Acts 9-12**
- To Damascus to persecute Christians  
  *(Conversion)*  
  *Acts 9*
- Stays in Damascus  
  *Acts 9*
- Arabia  
  *Gal. 1:17*
- Leaves Damascus  
  *Acts 9:25*
- Jerusalem  
  *Acts 9:26*
- Caesarea and Tarsus  
  *Acts 9:30, Gal. 1:21*
- In Antioch for a year  
  *Acts 11:26*
- To Judea/Jerusalem for famine relief  
  *Acts 11:30*
- Antioch (Syria)  
  *Acts 12:25*

### Paul’s First Journey  
**Acts 13:1-14:28**
- **Traveled With:** Barnabas, John Mark  
- **Main Route:** Cyprus and Turkey  
- **Cities/Places:** 1400 miles
  - Antioch (Syria today)
  - Seleucia
  - Salamis and Paphos (on Cyprus)
  - Perga
  - ANTIOCH of Pisidia  
    *(Turkey today)*
  - Iconium
  - Lystra and Derbe
  - Lystra
  - Iconium and Antioch  
    *(Turkey)*
  - Pisidia, Pamphylia, and Perga
  - Attalia
  - Antioch (Syria)
  - Jerusalem (via Phoenicia and Samaria)  
  *Acts 15*

### Paul’s Second Journey  
**Acts 15:36-18:22**
- **Traveled with:** Silas, Timothy, Priscilla and Aquila, Luke  
- **Main Route:** Syria, Turkey, Greece, Jerusalem  
- **Cities/Places:** 2800 miles
  - Syria and Cilicia
  - Derbe and Lystra
  - (past Mysia) Troas
  - Samothracia (Samothrace) and Neapolis
  - Philippi in Macedonia
  - Amphipolis and Apollonia
  - Thessalonica
  - Berea (Beroea)
  - Athens (Mars Hill—“Areopagus”)
  - CORINTH
  - Cenchrea (Cenchreae)
  - Ephesus
  - Caesarea (in Syria)
  - “Went up” to Jerusalem
  - Antioch (Syria)

### Paul’s Third Journey  
**Acts 18:23-21:16**
- **Traveled With:** Timothy, Luke, and Others  
- **Main Route:** Turkey, Greece, Lebanon, Israel  
- **Cities/Places:** 2700 miles
  - Galatia and Phrygia
  - EPHESUS
  - Macedonia
  - Greece (Achaia)
  - Macedonia, Philippi, and Troas
  - Assos, Mitylene; near Chios, Samos,  
    *(Trogyllium), Miletus*
  - Cos, Rhodes, Patara
  - Tyre and Ptolemais
  - Caesarea
  - Jerusalem

### Paul’s Journey to Rome  
**Acts 21:17-28:31**
- **Traveled With:** Roman Guards, Luke, Others  
- **Main Route:** Israel, Lebanon, Turkey, Crete,  
  Malta, Sicily, Italy  
- **Cities/Places:** 2250 miles
  - Jerusalem
  - Antipatris and Caesarea
  - Sidon, Myra, Cnidus
  - Fair Havens (Crete)
  - Claudia (Cauda)
  - Malta (Melita)
  - Syracuse, Rhegium, Puteoli
  - Appii Forum and Three Taverns
  - ROME

### Other Travels Before Paul’s Death
- **Cities/Places (order unknown):**
  - Macedonia  
    *1 Tim. 1:3*
  - Troas and Miletus  
    *2 Tim. 4:13, 20*
  - Crete  
    *Titus 1:5*
  - Planned to go to Spain  
    *Rom. 15:28*
  - Nicopolis  
    *Titus 3:12*
  - Back to Rome  
    *2 Tim. 1*

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### How to Remember Paul’s Journeys
Paul was a PACER in a race!  
(A pacer takes the lead or sets an example.)

**P** - **PAUL** *(“I have run the race; I have kept the faith.”)*  
**A** - **ANTIOCH of Pisidia**  
**C** - **CORINTH** area  
**E** - **EPHESUS** area  
**R** - **ROME**  

**First Journey**  
**Second Journey**  
**Third Journey**  
**Fourth Journey**
Paul

1. Travels from Jerusalem toward Damascus to arrest followers of Jesus (Acts 9:1, 2)
2. Is converted on the Damascus road (Acts 9:3-5)
3. Is brought to Damascus where he stays and preaches the Gospel (Acts 9:6-25)
4. Spends some time in Arabia, returns to Damascus (Gal. 1:17-23)
5. Goes to preach the Gospel in Jerusalem (Acts 9:26-28)
6. Flees the Hellenists to Caesarea and then sails for Tarsus (Acts 9:29-30)

Paul and Barnabas

1. Barnabas brings Paul to Antioch where he helps teach the church in Antioch (Acts 11:25, 26)
3. Return to Antioch before beginning their first missionary journey (Acts 12:24, 25)
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